September 20, 2023 SHAC Meeting

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| * **Welcome/Sign-In**
* **SHAC Basics**
* **Review Yearly Goals**
* **Review Annual Report to the Board**
* **Fall Activities & Updates**
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| * **Open Forum**
* **Closing**
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**Agenda**

**SHAC Meeting**

**Silverton ISD**

**9/20/23**

**3:15 PM**

Meeting started at 3:15 PM. Members present: Shandy Beedy, Kylie Brock, Kelby Brock, Kaylee Rhoderick, Cooper Mullins, Michael Hayes, Michelle Francis, and Lottie Cogdell

Shandy welcomed members and reviewed the purpose and requirements of the SHAC. Kelby Brock was elected the parent co-chair for the school year.

Last years goals were discussed and last year’s annual report to the board was accepted with no issues. Goals for this year were discussed. The SHAC doesn’t have any specific goals to address at this time. SHAC recommends to continue doing all of the current activities and recommendations for the 23-24 school year.

Fall activities were discussed. Staff wellness screening, Color Me Healthy for PK-1, spinal screening, Crest toothbrush and paste distribution, Fresh Start staff meals with AgriLife Extension Service, new bleeding control station at the football field, and new AED for the ag shop are some of the things that have already happened in the district.

Kylie talked about her 7th grade mental health program. She states it is going very well and there is a need for it. Mr. Hayes asked if they could do a HS session. Kylie will look into adding that group as well.

Shandy notified SHAC that all staff were trained during inservice on Stop the Bleed, Hands only CPR (with several getting Heartsaver CPR certified), anaphylaxis and Epi Pen, AED use, and Narcan.

Shandy spoked to SHAC about new HB stating any district with grades 6-12 have to stock an opioid antagonist on campus and have to have staff members trained in the administration of it. The district just received 6 doses of Narcan/Naloxone and Shandy put a kit together with 2 doses each in 3 locations: board room, nurse’s office, and coach’s office. As stated above, all staff members were trained on signs and symptoms of a drug overdose and how to administer Narcan. Shandy also notified SHAC that she has a standing order on file and Mrs. Francis has updated our policy to include new opioid antagonist HB law.

Mr. Hayes mentioned that each football player has a new helmet this year with impact sensors. Coaches are able to see where impact is being made and how we can hopefully use this information to decrease concussions.

Shandy and Kylie talked about Red Ribbon Week this year. They want to shift the focus from negative drugs to positive healthy body and mind. Shandy had a zoom meeting with lady from the American Heart Association talking about the Kids Heart Challenge. Grades PK-6 will raise money for AHA with incentives and fun PE and classroom activities focusing on a healthy heart and mind. The JH and HS will be included in the week activities as well. All students will learn Hands Only CPR along with positive messages and ways to be healthy. The SHAC all agreed this was a great idea. Shandy and Kylie will work on the details.

No further items were discussed. Meeting closed at 3:45.