 February 2, 2022 SHAC Meeting

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| * **Welcome/Sign-In**
* **Spring semester health and wellness activities**
* **Wellness Assessment Tool**
* **Wellness Policy and Plan Review**
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| * **Open forum**
* **Closing**
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**Agenda**

**SHAC Meeting**

**Silverton ISD**

**2/2/22**

**3:15 PM**

Meeting started at 3:15 PM. Members present: Shandy Beedy, Michelle Francis

Shandy informed the SHAC that she instructed 7-12 students in Stop the Bleed. Shandy also certified seniors in AHA CPR training. Both of these classes were held in January. The Fitnessgram has been set for March 30th. Shandy will send email to coaches and SHAC members to get volunteers to help conduct this. TEA/DSHS K-12 COVID Testing Project has been going well this month. Shandy informed SHAC that she has done 23 rapid antigen tests so far (8 staff, 15 students) with 4 positives and 19 negatives. We currently have 34 students and 16 staff enrolled in this program.

Wellness assessment tool was reviewed and changes made accordingly. Wellness plan was reviewed and changes made accordingly. Shandy will post current ones on school district website.

No further items were discussed.

Meeting closed at 3:40 PM.