 March 10, 2020 SHAC Meeting

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| * **Welcome/Sign-In** * **Wellness Policy Review** * **Opioid Addiction Instruction** * **Fitnessgram** * **Spring Happenings** |
| * **Open Discussion** * **Closing** |
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**Agenda**

**SHAC Meeting**

**Silverton ISD**

**03/10/20**

**3:00 PM**

Meeting started at 3:00 PM. Members present: Shandy Beedy, Stephanie Horton, Delysa Maciel, Michelle Francis, Clyde Parham, Patsy Towe, Michael Hayes

SHAC reviewed wellness plan. Wellness Assessment Tool was completed last SHAC meeting.

Michelle praised Delysa on the addition of salads for JH, HS and staff to order in the cafeteria. There is a sign up sheet in the hallway to the cafeteria and it has salad dates as well as calorie count for each salad served. They have been a big hit with the JH, HS and staff. Delysa states they have an average of about 25 salads ordered.

Shandy discussed HB 435 with the SHAC. The bill added Opioid addiction instruction to the local SHAC duties. SHACs are to recommend appropriate grade level for Opioid addiction and abuse and methods of administering an Opioid antagonist. Shandy informed SHAC that she already teaches this as a part of the CPR course through the American Heart Association to the seniors each year. The SHAC all agreed that 12th grade with the AHA Heartsaver course would be an appropriate age and curriculum at this time. Shandy will teach and certify 12th grade during STAAR testing later this spring.

Letter back in November was submitted by the board to the SHAC for the summer feeding program waiver. SHAC reviewed letter and approved waiter for the summer feeding program. Delysa notified SHAC that the waiver was approved as well.

Fitnessgram date set for April 15th for grades 3-12. Shandy will send out email for SHAC volunteers to help with this. Patsy said she would help and Stephanie stated she and Molly would be there to help also.

Stephanie updated SHAC on LGEG program and that the on campus green house is almost finished. They will start planting after spring break. Fresh Start program will have one more lunch for staff in April. Stephanie also reported that the Lunch and Learn program for HS boys and girls was well attended. She asked for recommended topics. Mr. Hayes offered sexting and bullying would be great topics for program.

5th grade sexual education will be taught sometime in the spring also. Shandy informed SHAC that the PG School programs has 7th grade girls material that she will be including this year to 7th grade girls. There is not 7th grade boys material but Clyde states he or Buddy can also just readdress what is taught in 5th grade to the 7th grade boys for a sexual education refresher.

Patsy talked about upcoming senior job shadowing. Michelle asked Shandy to look into a CNA program.

No further items were discussed.

Meeting closed at 3:30 PM.